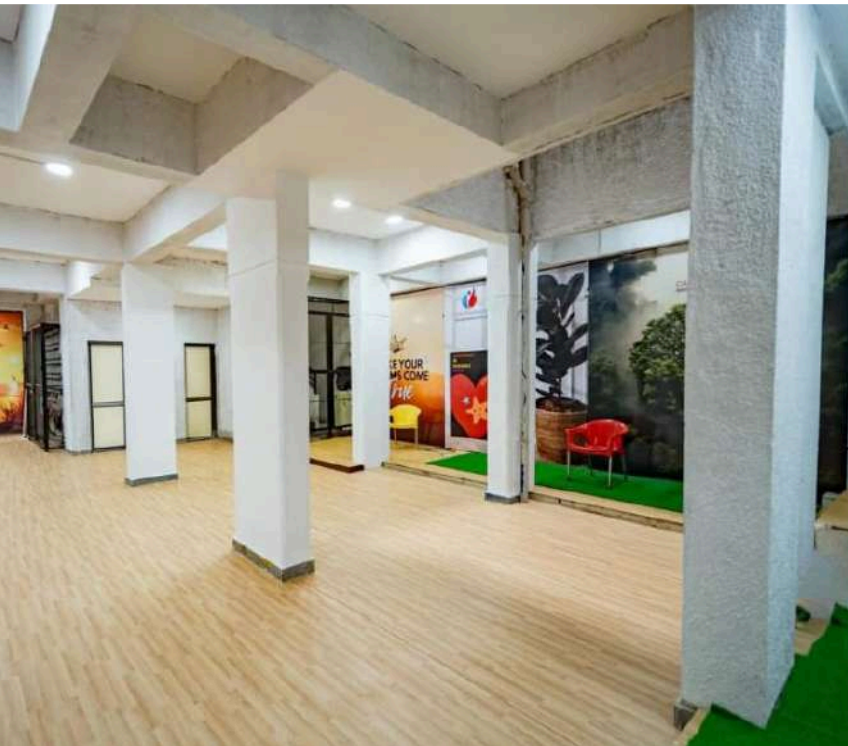


**We've now transformed
Our Pune Center
to give a
"Refreshed & Comforting"
Environment**



**Our newly designed spaces promote
Peace & Speedy Recovery,
A place Where One can feel**

Safe, Cared for & Inspired



What's New at Calida Pune

Each area is thoughtfully Designed to promote emotional well being

Clinical Department



Counselling Room



Consulting Room



Nursing Room



Emergency Room

Activity Zone



Yoga Section



Reading Area

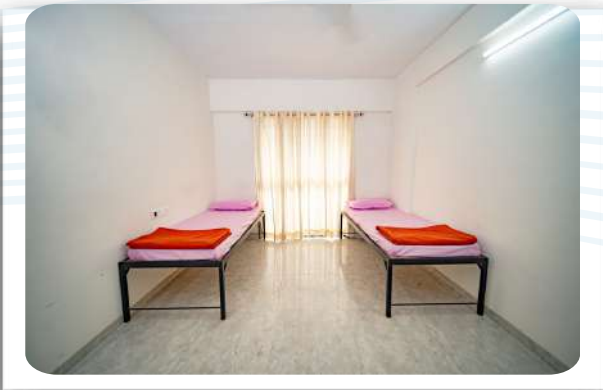


**Indoor
Activity Zone**



**Outdoor
Activity Zone**

Room Categories & Tariff



**Double Twin Sharing Room
Rs. 30,000**



**Twin Room (Non AC)
Rs. 60,000**



**Deluxe Room (Ac)
Rs. 80,000**



**Suite Room
Rs. 1,60,000**

About Us:

Rehabilitation Centre Specialising in Psychiatric Substance Use Disorders & **Superspecialized in Child & Geriatric Psychiatry**



VISION

At Calida, our vision is to enable individuals with psychiatric disorders to recover and live as independently as possible in the community.



MISSION

We aim to engage patients and aid recovery with disorder management, psychological functioning, and a focus on personal satisfaction.



GOAL

Our goal is to help people with psychiatric disorders through individual and environmental interventions following the Biopsychosocial model of psychiatric disorders.

Why Choose Calida?

- **Evidence-Based Treatment**

Medico Driven setup by Eminent Doctors, Individualized Care Plans

- **Mindfulness & Safe Environment**

Comfortable Living with Vibrant Surroundings, Reading Lounge & spacious Activity Zone

- **24/7 Expert care & support**

Round-the-clock medical & psychological support, timely Intervention & continues Monitoring Throughout Journey

- **Quality Services as per NABH Guidelines**

We are committed to delivering world-class Mental Healthcare, That means Highest Quality & patient Satisfaction

- **Pickup Facility & Customer Care Services**

Convenient and Reliable Pickup Service & Dedicated Customer Care Team to assist you with all queries.

Our Services:

Calida Rehab offers a wide range of services for psychiatric disorders such as Schizophrenia, Depression, Substance Use Disorders (alcohol, cannabis, opioids, etc), Dementia Anxiety, Disorders, and Developmental Disorders.



Child & Adolescent Psychiatric Care

Geriatric Psychiatric Care



Wide Range Of Theorapies

- Recovery-oriented Cognitive Therapy (CT-R)
- Cognitive Behavioural Therapy (CBT)
- Motivational Enhancement Therapy (MET)
- Rational Emotive Behaviour Therapy (REBT)
- Dialectical Behaviour Therapy (DBT)
- Psychodynamic Therapy (PT)
- Supportive Psychotherapy
- Group Therapies
- Music Therapy
- Art Therapy
- Dance Therapy (Zumba)
- Yoga Therapy
- Occupational Therapy
- Physiotherapy

Rehabilitation Team

Our Residential Team Includes:

- Expert Psychiatrists
- Skilled Psychologists Specializing in Clinical and Rehabilitation Practices
- Experienced Psychiatric Nurses
- Senior Anaesthetists
- Resident Medical Officer
- Vigilant Attendants

Additionally, to ensure through care, We have a supporting team including:

- Art and Music Therapists
- Nutritionist Providing Expert Dietary Guidance



calidarehab@gmail.com



www.calidarehab.com



8452940789

Address:

**Bhagawati Complex, Vidya Valley School Road,
Near Parkhe Vasti, Sus gaon, Baner,
Pune - 411 021**