

**Our Karjat Center is designed
to give your patients a
“Refreshed & Comforting”
Environment**



**Our well designed spaces promote
Peace & Speedy Recovery,
A place Where Your Patients can feel**

Safe, Cared for & Inspired



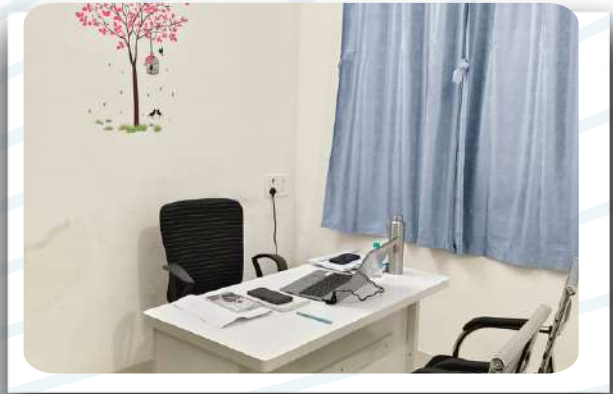
Infrastructure in Calida

Each area is thoughtfully Designed to promote emotional well being

Clinical Department



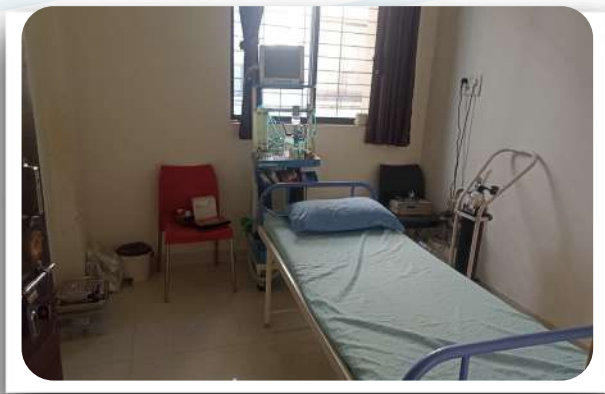
Counselling Room



Consulting Room



Nursing Room



ECT Room

Activity Zone



Yoga Section



Reading Area



**Indoor
Activity Zone**



**Outdoor
Activity Zone**

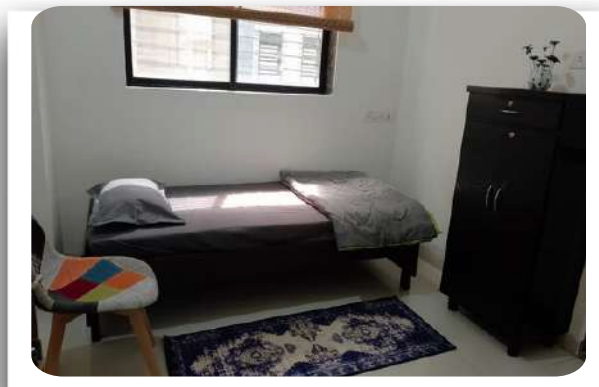
Room Categories & Tariff



**General Ward
Rs. 40,000**



**Three Bedded AC Room
Rs. 66,000**



**Single Deluxe Room
Rs. 1,20,000**

Meet Our Team



Dr. Prashant Dasud

M.D. (Psychiatry) & Director



Dr. Santosh Pawar

M.D. (Radiodiagnosis) & Director



Dr. Abhijeet Bombe

M.B.B.S, D.P.M. (Psychiatry)



VISION

At Calida, our vision is to enable individuals with psychiatric disorders to recover and live as independently as possible in the community.



MISSION

We aim to engage patients and aid recovery with disorder management, psychological functioning, and a focus on personal satisfaction.



GOAL

Our goal is to help people with psychiatric disorders through individual and environmental interventions following the Biopsychosocial model of psychiatric disorders.

Rehabilitation Team:

Our Residential Team Includes

- Expert Psychiatrists / Super-Speciality Psychiatrists
- Skilled Clinical & Rehabilitation Psychologists
- Experienced Psychiatric Nurses
- Senior Anaesthetists
- Resident Medical Officer
- Vigilant Attendants

Additionally, to ensure thorough care, We have a supporting team including:

- Occupational Therapists
- Physiotherapists
- Art and Music Therapists
- Nutritionist Providing Expert Dietary Guidance



Why Choose Calida?

- **Evidence-Based Treatment**

Medico Driven setup by Eminent Doctors, Individualized Care Plans

- **Mindfulness & Safe Environment**

Comfortable Living with Vibrant Surroundings, Reading Lounge & spacious Activity Zone

- **24/7 Expert care & support**

Round-the-clock medical & psychological support, timely Intervention & continues Monitoring Throughout Journey

- **Quality Services as per NABH Guidelines**

We are committed to delivering world-class Mental Healthcare, That means Highest Quality & patient Satisfaction

- **Pickup Facility & Customer Care Services**

Convenient and Reliable Pickup Service & Dedicated Customer Care Team to assist you with all queries.

Our Services:

Calida Rehab offers a wide range of services for psychiatric disorders such as Schizophrenia, Depression, Substance Use Disorders (Alcohol, cannabis, opioids, etc), Dementia, Bipolar Disorders Anxiety, Disorders, and Developmental Disorders.

Wide Range Of Therapies

- **Recovery-oriented Cognitive Therapy (CT-R)**
- **Cognitive Behavioural Therapy (CBT)**
- **Motivational Enhancement Therapy (MET)**
- **Rational Emotive Behaviour Therapy (REBT)**
- **Dialectical Behaviour Therapy (DBT)**
- **Psychodynamic Therapy (PT)**
- **Supportive Psychotherapy**
- **Group Therapies**
- **Music Therapy**
- **Art Therapy**
- **Dance Therapy (Zumba)**
- **Yoga Therapy**
- **Occupational Therapy**
- **Physiotherapy**



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