

Introducing

Specialized



CALIDA REHAB
EXCELLENCE IN MENTAL HEALTHCARE

Child & Adolescent and Geriatric Psychiatry Services

**Delivering Age Specific, Evidence Based
Psychiatric Care, for both
the Youngest & the Eldest of your
Patients**



Child & Adolescent Psychiatric Care



Dr. Ritwick Chatterjee
M.D. (Psychiatry)
Post doctoral Fellowship (Child & Adolescent Psychiatry)
Calida Rehab Sus, Baner

Dr. Ritwick Chattergy aims to create awareness and break the stigma about mental health illnesses. He was also responsible for holding group awareness for these for Child and Adolescent mental health as well as sexual disorders.

He trained in his MD in Psychiatry from Nair Hospital, Mumbai. With helpful teachers and mentors, He had the opportunity to be trained in Child and Adolescent mental health, Geriatric mental health and Deaddiction. After completing his MD he trained further in Child Psychiatry and was responsible for certification in specific learning disabilities and Autism Spectrum disorders. He was also awarded the J.C. Marfatia award for best research in Child and Adolescent Psychiatry (Senior Category) in India in 2019. He then pursued a Post Doctoral Fellowship in Child and Adolescent Psychiatry before starting his journey as a consultant psychiatrist.

During his journey in this field, He realized two important lessons when it comes to Psychiatry. First, is that the stigma against a mental health illness can sometimes create more dysfunction than the mental illness itself. Second, each person is a unique identity. They have a unique brain with a unique biology. One cannot generalize treatment approaches and it has to be personalized according to each individual. These two lessons form the basis of his approach towards understanding mental health and helping individuals lead a better life.



Compassionate Geriatric Psychiatric Care



Dr. Pooja Vilas Misal
M.D. DNB, DM Geriatric Mental Health
Consultant Geriatric Mental Health,
Jupiter Hospital Baner.
Calida Rehab Sus, Baner

Dr. Pooja Vilas Misal holds the distinction of being the first DM in Geriatric Mental Health in Maharashtra. She completed her MD in Psychiatry from the prestigious T.N.M.C and B.Y.L. Nair Hospital, Mumbai, and also holds a DNB in Psychiatry. Driven by her deep passion for geriatric mental health, she further honed her expertise at the esteemed King George's Medical University, Lucknow.

With a keen interest and specialized expertise in dementia, delirium, Parkinson's spectrum disorders, movement disorders, depression, and other mood disorders, Dr. Misal is dedicated to advancing the field of geriatric mental health and improving the mental well-being of the elderly.

Experience:

With 8 years of overall experience, including 5 years specializing in geriatric mental health, Dr. Misal has made significant contributions as an Assistant Professor in Geriatric Mental Health at King George's Medical University, Lucknow, for 2 years.

Awards:

All India Rank 1 in NEET SS-2019

Bronze Medal in Psychiatry from Maharashtra University of Health Sciences, 2019
Charles Pinto Best Poster Award at GERON 2022, a national conference.

Research Publications:

9 research publications in national and international journals
2 book chapters contributing to geriatric psychiatry literature

Special Interest:

Dementia and Delirium

Parkinson's Spectrum Disorders and Movement Disorders

Depression and Mood Disorders

Why Choose Calida?

- Specialized Age Appropriate assessment protocols
- Multidisciplinary Team Approach
- Individualized Therapy & Rehabilitation Plans
- Dedicated facility upgrades for Children & Elderly patients



Customized Room For Pediatric Adolescent And Geriatric Patient



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